



COVID-19 AYSO SAFETY GUIDELINES

As we **return to the field**, it will be a team effort to ensure that we create a **safe environment** for all. And while we cannot completely eliminate the risks associated with **COVID-19**, we are implementing the actions below, to help create the best experience for all.

Standard Practice: Healthy Participants Only: Any players, coaches, spectators who are sick will not be allowed at team practices.

COACHES



Pre-training communication with all families.



No shared equipment.



Physical distancing
Coaching requirements



No physical greeting of players but verbal acknowledgement is expected.



Wearing a face mask is recommended for duration of practice.



Stay positive and create a fun environment in this new normal.



Utilize fitness and technique in isolation exercises.

AYSO baseline recommendations do not supersede local and state health guidelines. These recommendations are for your training center, however additional requirements may be required.

PLAYERS



Inform parent if they feel unwell.



Practice social distancing, place bags and equipment at least 6 feet apart.



Wash hands before and after training.



No sharing drinks or use of water fountains at facility.



Clean their own equipment.



No physical greetings with their teammates.



Bring their own labeled hand sanitizer.

PARENTS



Test child's temperature before departing for practice (if above 100.4, do not attend).



Sanitize all equipment (ball, cleats, shin guards, etc.) before and after every practice.



Stay in car or adhere to social distance requirements. Car-pooling not recommended.



Clearly label child's water bottle and personal items.



Wash player's clothing after every training.



Notify coach immediately if your child or family member becomes ill for any reason.



Ensure child has hand sanitizing products with them at every session.



Check Region and Coach Communication regularly.

Learn more at [AYSO.org](https://www.ayso.org)