

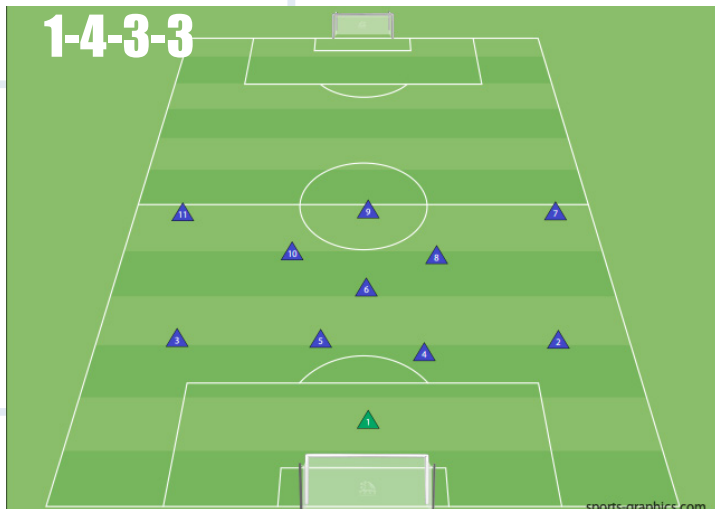
11 v 11

Pros: Strong central control w/ 3 midfielders.

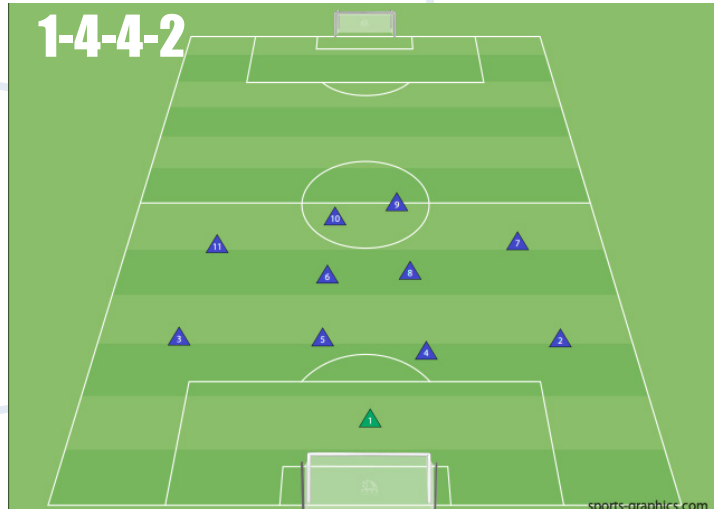
Attacking width provided by wingers.

Cons: Requires players with specific technical and tactical skills.

1-4-3-3



1-4-4-2



Pros: Balanced and straightforward structure.

Strong defensive shape and coverage.

Cons: Possible # disadvantage in central midfield.
Strikers may become isolated.

- Players should try different positions.
- Encourage players to be defensive and offensive.
- Players should have freedom to engage with the play, but also have responsibility for their position.
- No formation can compensate for a lack of technical skills which should always be priority.
- Choose a system that suits your players' abilities instead of trying to force them into a particular formation.