



THE PITCH PLAN

Joysticks are for PlayStation

“Kick-it!” “Boot-it!” “Shoot!” “Tackle!” “Run!” “Pass!” “Dribble!”

When coaches or parents dictate the moves a child makes on the field by the constant yelling of instructions, it may feel like “helping,” but in reality it detracts from the child’s development.

Let them Play!

True development comes when kids are trusted to make their own decisions, learn from mistakes, and discover the game for themselves.

Joystick Coaching

- Confuses players by bombarding them with too many voices and instructions.
- Prevents growth by teaching them to wait for commands instead of solving problems themselves.
- Steals joy by drowning out positive encouragement and replacing it with constant control or directions.
- Slows decision-making since players hesitate, waiting to be told what to do.
- Kills creativity because kids stop trying new moves or ideas.
- Builds dependence on adults instead of confidence in themselves.
 - Increases frustration when instructions from parents and coaches’ conflict.
 - Discourages risk-taking which is essential for learning and skill development.

